

# Sample Timetable for Online Cambridge Proficiency

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Live Online Lessons: 3 hours</b>				
Today's lesson is all about: Life Changes	Today's lesson is all about: Travelling	Today's lesson is all about: Health & Fitness	Today's lesson is all about: Relationships	Today's lesson is all about: Personality
<p><b>Speaking</b> breakout room: talk about major changes in your life</p> <p><b>Listening</b> Listen to proficient speakers talking about milestone moments in their lives</p> <p><b>Lexis</b> Exploring the collocations, phrasal verbs and idioms used by the speakers</p> <p><b>Exam practice</b> Speaking Part 2: Practise describing pictures of people in lifechanging moments using new language</p>	<p><b>Speaking</b> breakout room: practise describing different holiday destinations using idioms</p> <p><b>Exam practice</b> Reading Part 7: Locating information in paragraphs</p> <p><b>Lexis</b> Exploring adjective/noun collocations for travel</p> <p><b>Writing</b> Reading an exam task and sample answer. Looking at the style and features of a travel article</p>	<p><b>Exam practice</b> Speaking Part 2: describe photos of people who are living healthy lifestyles</p> <p><b>Exam practice</b> Reading Part 6: Putting the paragraphs in the right place</p> <p><b>Discussion</b> Exam strategies</p> <p><b>Lexis</b> Phrasal verbs for health &amp; fitness from the text</p> <p><b>Speaking</b> breakout room: discuss your own health and fitness routines</p>	<p><b>Speaking</b> breakout room: talk about different types of relationships</p> <p><b>Exam practice</b> Listening Part 3: listening to a proficient speaker talking about his partner: multiple choice questions</p> <p><b>Lexis</b> Fixed expressions for describing relationships from the text</p> <p><b>Exam practice</b> Speaking Part 3: discussing why some relationships succeed while others fail</p>	<p><b>Revision Quiz</b> Revising the grammar and vocabulary from the week with the teacher</p> <p><b>Speaking</b> breakout room: talk about different types of personalities and whether upbringing or genetics play a role in shaping who we are</p> <p><b>Writing</b> Exam strategies. Reading an essay exam task and sample answer. Discussing what is required for a good essay at CPE level.</p>
<b>Homework</b>				
<p><b>Grammar</b> Reviewing common grammar errors at C2 level</p> <p><b>Exam practice</b> Use of English Part 1</p>	<p><b>Exam practice</b> Part 2: Article writing. Write an article about a nostalgic journey</p>	<p><b>Grammar</b> Reviewing complex grammatical structures</p> <p><b>Exam practice</b> Use of English Part 2</p>	<p><b>Revision</b> Revise the grammar and vocabulary from the week</p> <p><b>Exam practice</b> Use of English Part 1</p>	<p><b>Weekend homework</b> Essay writing: write an essay on the topic of nurture VS. nature in relation to criminal behaviour</p> <p><b>Exam practice</b> a full listening mock exam</p>