

## Harassment policy

At International House London we believe that everyone should be treated equally, fairly and with respect. Bullying and harassment of any kind is unacceptable. Both students and staff have the right to work in a safe environment.

Bullying and harassment can be difficult to recognise and may not be obvious to other people around you.

### What is bullying?

Bullies can be men or women and bullying can happen in many different ways:

- It can be physical
- It can be verbal
- It can be psychological

Bullying can happen face to face, through e-mails, networking sites and text messages.

### What is harassment?

Harassment comes in many different forms and can affect men and women. It is unwanted actions of someone and can be:

- Racial – insulting where someone is from and/or their culture
- Sexual – unwanted physical contact – unwelcome touching, standing too close
- Religious – insulting someone's religious beliefs
- Disability – insulting someone on their disability

Harassment can happen face to face, through e-mails, networking sites and text messages.

### What to do if you are being bullied or harassed?

If you have a problem and feel you have been bullied or harassed you can:

- Contact one of the Welfare officers – [welfare.officer@ihlondon.com](mailto:welfare.officer@ihlondon.com)
- Speak to your teacher
- Speak to a Director of Studies