

## Information for under 18 students on adult courses at IH London

According to British Law everybody under 18 years of age is considered a child. Due to this law and in the interest of your safety we want you and your parents to be aware of the following rules and regulations which must be followed while studying at International House London.

### General rules for under 18 students

- **Punctuality** - Attend all your timetabled classes on time because arriving late is unfair for the teacher and your classmates.
- Make sure you have filled in the **Student Declaration Form** before arrival (you will receive an email from us couple of days before your course start date).
- If your address or telephone number changes please let us know immediately.
- Please **exchange telephone numbers with your host** on the first day so that you are able to contact each other if necessary.
- You will have to **inform your host** if you will be **late** for your evening meal.
- You must be home **by 11pm** and inform your host if you will be late and for how long.
- If you **go out in the evening, at weekends or on trips** please **inform your host** where you are going, with whom (including their age) and give details about departure and arrival if you go travelling.
  - Please leave a telephone number or address where you can be contacted at all times.
- You must ask your host for permission if you have **friends visiting** you.
- Ask the Welfare Officer or your host if you have any questions or concerns about **cultural differences** in the UK.

- Tell your host or Welfare Officer if you feel **sick or unwell**.
- Inform the Welfare Officer, teacher or reception if you are concerned about any issue including **bullying and harassment**.
- **Smoking and Drinking:** You must be over 18 years old to buy cigarettes/tobacco and to drink alcohol in pubs, bars, restaurants or nightclubs.

### **Staying safe and healthy in London**

- Make sure you keep your belongings close to you and your money, documents, keys and any other valuable items are kept in a closed bag.
- Make sure you plan your journey in advance and are back home before your curfew time
- Make sure your mobile phone is fully charged and that you have a working number with mobile data to use in case you get lost and need to use maps online
- Save IH emergency number in your phone (you can find the number on the back of your student cards)
- Save your address in London on your phone as well as contact phone number to your guardian in London
- Try to avoid walking around parks and other places where there are not many people after dark
- Do not carry large amounts of money or other valuable items/documents with you unless absolutely necessary
- Try to travel with friends or family if possible

- Stay vigilant about your surroundings and avoid talking to strangers
- Be aware the weather conditions in the UK might be different from the ones in your country. Make sure you dress properly and bring an umbrella and/or a raincoat with you.

### Transport in London

- Make sure you have enough money on your Oyster card to complete your journey
- You can also use your contactless credit/debit card to pay for transportation in London (both trains and buses)
- Check your route in advance
- We recommend you also have a secondary route to/from the school in case of any disruptions of underground/bus services. If you are unsure how to get to your homestay or school, please phone your host or the school

### What to do if you need help

- Please inform us about any problems you might have. We are here to help you about issues with your accommodation, transportation, your classes and your health and welfare. Do not hesitate to contact us if you need any support. We are also here if you feel homesick and miss your family and/or friends in your home country.
- Please speak to the reception or email us at [info@ihlondon.com](mailto:info@ihlondon.com) if you have any questions or problems.

### School and UK rules

- **Good behaviour:** No anti-social behaviour will be tolerated within the school, in accommodation and whilst on activities. Any bullying of other students will be taken very seriously and may lead to students being sent home early.
- **Crime:** You must abide by UK law. This includes students stealing from other students or shops. Police will be called and your student/students will be sent home early.

- **Smoking:** You must be 18 years old to buy cigarettes in the UK. Any under 18 students found to be smoking will have these confiscated and will be subject to potential disciplinary action and might be sent home early.
- **Alcohol:** It is illegal to purchase or drink alcohol in the UK unless you are 18 years old.
- **Possession and taking drugs:** Anyone found in possession of or taking illegal drugs will be expelled from our course and the police will be called.