

Sample Timetable: Facilitator Skills with Adrian Underhill

<u>1 week</u>	Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:00-13:00</p>	<p>Introductions and the Six Category Framework</p> <p>Method of work</p> <p>1st Category: Supportive Interventions</p> <ul style="list-style-type: none"> • Deep dive into judgment-free listening • Empathy laboratory • Attention, personal presence 	<p>2nd and 3rd Categories: Catalytic and Challenging Interventions</p>	<p>4th Category: Feeling and Cathartic Interventions</p> <ul style="list-style-type: none"> • What a group is like when people feel safe and free to be themselves • The whole person • Action, reflection, feedback, personal learning 	<p>5th and 6th Categories: Prescriptive and Informative Interventions</p> <ul style="list-style-type: none"> • The mainstay of teaching 	<p>Six-Way Stretch</p> <ul style="list-style-type: none"> • Putting the complete model into practice • Using all the toolkits as one, the full model at work • Participants future use of facilitation • Feedback, course closing.
<p>Learning Outcomes</p>	<ol style="list-style-type: none"> 1. Application of facilitation skills to all learning settings 2. Method: action, reflection, discussion, learning, role / real play 3. Group practice as: facilitator, client, observer/ feedbacker 	<ol style="list-style-type: none"> 1. Discriminating valid from invalid interventions 2. Feeling more confident with challenging supportively 3. Beginning to development personal interventions toolkit 	<ol style="list-style-type: none"> 1. How interventions relate to each other across the 6 categories 2. What a group is like when people feel safe and free to be themselves, take initiatives and risks 	<ol style="list-style-type: none"> 1. Pulling the six categories together 2. Developing personal styles 3. Insight into difference between teaching and facilitating 4. Bringing them together 	<ol style="list-style-type: none"> 1. Leaving with an enlarged professional toolkit. 2. Facilitative skills in teaching, training, project management 3. Proceeding from here into the future